

OPAL TAP SYLLABUS

Everything to the right and left unless specified:

Seven-Ups – 7 Leap shuffles, leap (ending in passé)

Double stomp time step – stomp hop flap, flap step
8 1 &2 &3 &

Traveling time step – shuffle step shuffle ball change, ball change, hop step shuffle step
8& 1 &2 & 3 & 4 5 6 &7 &

Wing Preparations – Using right foot only, wing out, wing in, touch – 8 times, then left

Military time step – shuffle hop step, step, step, shuffle hop step, step, step,
shuffle hop step, shuffle hop step, shuffle hop step, step, step

Cincinnati – spank hop shuffle step (&1 &2)

Virginia Essence – flap brush ball change, flap brush ball change,
&1 & a 2 &3 & a 4
Flap brush ball change, spank ball change, brush ball change
&5 & a 6 & a 7 & a 8

¼ paddle turns – spank ball change (&a1, &a2, &a3, &a4)

Traveling Eleanor Powell – flap ball change, spank hop toe hop
&1 & 2 & 3 & 4

Falling off a log – buffalo, run, run (twisting side to side)

Double Waltz Clog time step – flap shuffle ball change, flap shuffle ball change, flap flap
&1 &2 & 3 &4 &5 & 6 &7 &8

Bells

Over the top (can be done with foot on or off the ground)

Across the floor exercises:

Turns: a. Step toe hop, step toe hop (making one turn), chaîne
b. Maxiford time step turn (3 turns total)
c. Flap heel, heel turns (2 flap heel heels make one turn)

Drawbacks – step spank heel drop (traveling backward)

Pullbacks – two sounds – any prep